

## Episode 029: What Is It? (Exodus 16)

Israel failed the test ... again. Before they crossed the wilderness and entered the Promised Land they would fail this test over and over again. Given countless opportunities to lean on God and put their trust in Him, they fell flat into doubting, grumbling, complaining, and murmuring repeatedly.

You and I face those same tests today.

• What situations in your life cause you to grumble, doubt and fear the most?

Jesus also faced this kind of test, especially when He went into the wilderness to struggle against Satan's temptations for 40 days. When Satan tempted Him to turn the rocks into bread, "Jesus answered, 'It is written, man does not live on bread alone, but on every word that proceeds from the mouth of God'" (Matthew 4:4). The test that Israel failed, Jesus passed with flying colors.

• How can remembering the great deliverances God has shown us throughout the Bible encourage you through your individual struggles?

Jesus Christ is the true Bread which God sent us from heaven. He will provide all our needs, forgive all our sins -- including our murmuring, grumbling and complaining -- and fill our hearts with peace and trust.

• Describe a difficult situation in which God gave you trust and peace, and note the difference that made over times when you doubted and complained.